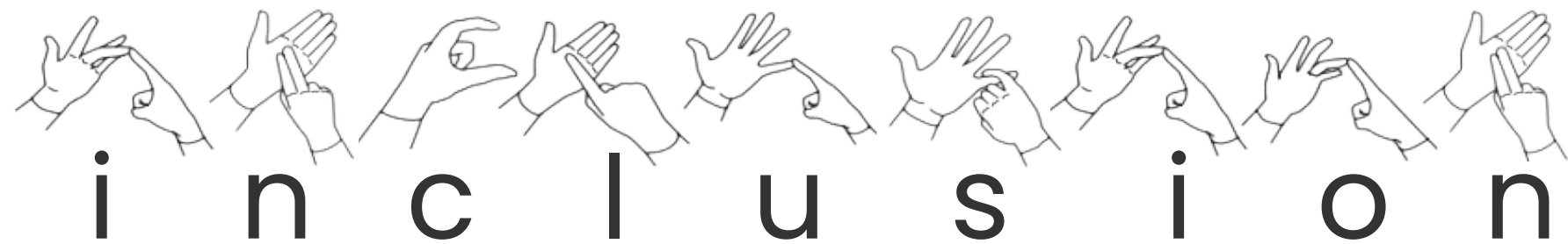




Guide to **inclusion** this festive season

 **ACTION
DEAFNESS**
DEAF-LED CHARITY

Guide to **inclusion** this festive season



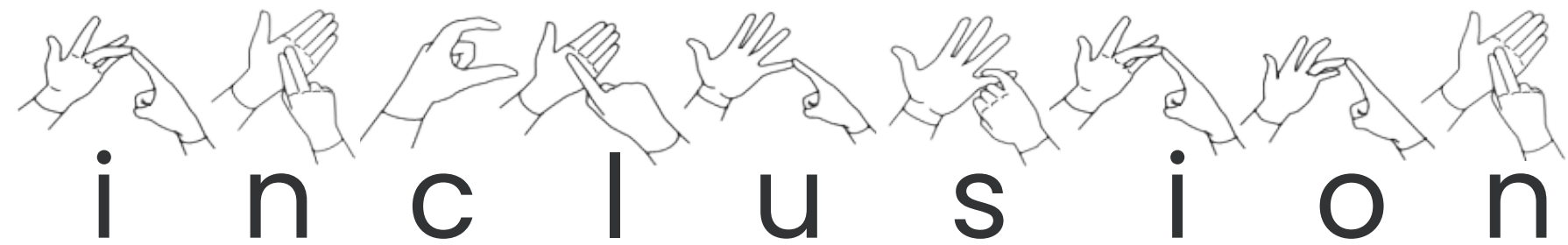
Tips on how to make the festive season more inclusive for Deaf* Communities:

- **Learn British Sign Language (BSL):** Learning some basic BSL signs can make a big difference.
- **Increase your Deaf Awareness:** Learn about Deaf Culture, communication styles, history, and more!
- **Ask, never assume:** Ask Deaf* people how they prefer to communicate, and for tips on how you can support. Everyone communicates differently; Some use BSL, SSE, lip-reading, or a combination.
- **Play inclusive games:** Choose games that everyone can participate in and enjoy.
- **Accessible Media:** Switch on the subtitles. Find BSL-accessible TV shows and films.
- **Be patient and understanding:** Communicate clearly. Take it in turns to speak. Repeat or rephrase. Be patient and explain in a different way. Use gestures, write things down. Don't say 'I'll tell you later', or 'it doesn't matter'.
- **Turn down the music, ensure good lighting:** Background noise can be distracting, turn down the music. Ensure rooms are well-lit. Provide quiet spaces for breaks.
- **Remember-** inclusion is a year-round commitment, not just this festive season.

Let's make this festive season inclusive for all.

*Denotes Deaf, Deafblind and Hard of Hearing

Guide to **inclusion** this festive season



Action Deafness is here to help you make your festive season more inclusive for Deaf* Communities. Here's how:

Action Deafness' Accessibility Services:

- **Bespoke BSL tasters:** Learn the basics of BSL, remotely or face-to-face**.
- **Bespoke Deaf Awareness Training:** Increase your understanding of Deaf* Culture and Communication.
- **Communication support:** Book BSL interpreters, notetakers and other communication support in advance**.
- **BSL resources:** Resources and videos to support your learning.

Festive Fun:

- **BSL-themed gifts:** Show your support for the Deaf Community with BSL-themed gifts for friends and family.
- **Play Deaf Lottery UK** – Support good causes, which give back to Deaf, Deafblind and Hard of Hearing Communities, and a chance to win prizes!
- **Donate to Action Deafness:** Your donation will help us to support communities.

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**Dependent on a variety of factors. Please contact us to find out more.

You take **action**... We **deliver**

Action Deafness is a Deaf-led charity dedicated to providing essential services for Deaf* Communities across the UK. Our mission is to maximise opportunities for beneficiaries to live the life they choose, by improving access to services.



*Denotes Deaf, Deafblind and Hard of Hearing